

I Want You to Know...

Thank you for Attending this Seminar!

It is my hope that this teaching content will bless and benefit you personally and in your service to others. Before beginning, I want you to be aware of the following:

- I am not a professionally trained counsellor or therapist. I offer pastoral care at a layman's level as a professional 'non-professional'. I don't claim to have all the answers, or 'cures' for sexual and/or relational problems.
- My teaching content is a compilation of information & insights derived from classes, courses, extensive reading & years of personal & ministry experience. My teaching content has been reviewed by theologically trained and clinically trained professionals including experts in addictions and abuse related to sexuality. A list of references is available upon request.
- My speaking events are generally cognitive & informational. However some members of my audiences may best be served by--and may be recommended to obtain--an immediate follow-up consultation/evaluation with a professional counsellor.
- My encouragement of anyone to consider participation in counselling, support groups or various recovery programs is not necessarily an endorsement of such.
- Please consider carefully the possible risks, implications & consequences prior to making any disclosure to others of personal details/problems. Ideally, disclosure should be made within a stated or written covenant of confidentiality & trust. *Please note that disclosure of certain harmful or criminal activities may legally/ethically require a breach of confidentiality on the part of the counsellor.*
- Related to this, any correspondence regarding personal details may be kept on file, and could possibly be intercepted by others in the mail system. For your protection, consider writing in the '3rd person'. Information from our ministry will only be sent to those making the request. We do not send information to third parties on behalf of others.

Remember, no course can answer every question or solve every problem. Still it is my hope that your investment of time in our seminar will educate, encourage & equip you...and most of all, reveal more of God's loving character to you!

Grace & Peace & Joy to you,

Sy Rogers

LIVING & LOVING AT RISK:

Understanding Sexual & Relational Problems

Sy Rogers, Instructor

PART ONE: Sexual Sin in Church and Community

Five Categories

1.

2.

3.

4.

5.

Two Complaints Against Pastoral Workers:

•

•

D _____ & D _____

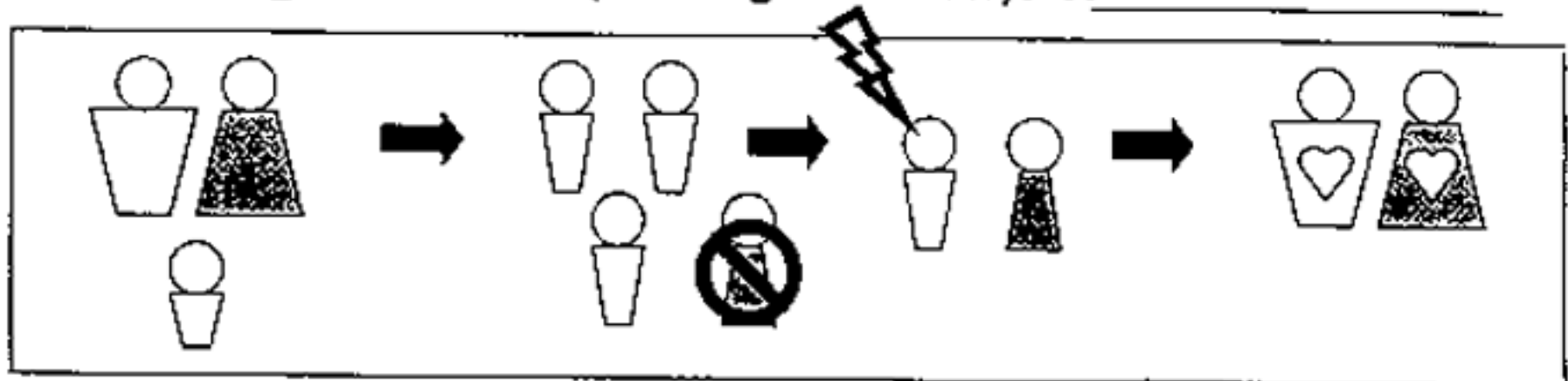
- Know Your L _____
- Know Your C _____ R _____
- Offer R _____ E _____
- Guard your own I _____

PART TWO: Understanding How We Develop

SEED → SAPLING → TREE...Outcome depends on 2 Key Ingredients:

- What *IS* God's "Identity Intent" for us? H _____ H _____
- What makes a person "Relationally Healthy"?
M _____ vs I _____ and S _____ vs I _____

- How is this goal achieved (see diagram below)? R _____



Stage 1

S _____ +
I _____

Stage 2

R _____

Stage 3

A _____ + A _____
A _____ + A _____

Stage 4

S _____

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PART THREE: SEXUAL SIN is a SYMPTOM
in the following areas:

PSYCHOLOGICALLY

Proverbs 16:2, 18:21, 19:3, Psalm 55:19

RELATIONALLY

Proverbs 27:7, Jeremiah 2:13, John 4

EMOTIONALLY

Matthew 15-17-20, 18:35, Mark 9:42, Ephesians 6:4

BIOLOGICALLY and BEHAVIOURALLY

John 8:34, Proverbs 5:22, 1st Corinthians 6:18

INTELLECTUALLY

Proverbs 4:19, 5:5-6, 10:23, Romans 1:18-32

SEXUALLY

1st Corinthians 3:16, Romans 6:12-13, 1st Thessalonians 4:3-6

SPIRITUALLY

Jonah 2:8, Jeremiah 2:13, 17:5-9, Psalms 16:4, 115:8, 135:18,
Proverbs 1:29-32, 2:12-15, 5:3-6, 30:20, Romans 1:18-32

PART FOUR: REDEMPTION PRINCIPLES To Be Applied

Don't Just Hear the Word, Do What It Says

First, Two Key Principles:

- How Does A Jet Fly?
- You may not have had a choice about becoming a victim, but you have a choice about staying one: T _____ R _____
- Realistic Expectations: Know what you're up against!

PSYCHOLOGICALLY

RELATIONALLY

EMOTIONALLY

BIOLOGICALLY and BEHAVIOURALLY

INTELLECTUALLY

SEXUALLY

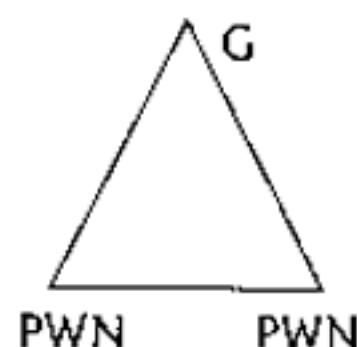
SPIRITUALLY

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- What fuels growth?
- What are obstacles to growth?

God Works Thru 4 Key Relationship Systems...

- C
- S
- C
- C

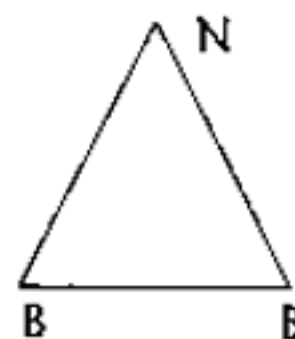


Love is..

A

A

A



So why does God allow Temptation?

3 Principles to address the fallen spiritual reality:

- D
- O
- S

= Humility, which is...

PART FIVE: Realistic Expectations About Redemption & Recovery...
 What it *IS*, what it is *Not*, and why it's going to take time.

- Understanding Cross-Cultural Criteria:

Redemption & Recovery is NOT...

1.

2.

3.

Redemption & Recovery IS...

1.

2.

3.

- If I am sincere about overcoming my problems, and God is powerful and loving, and would want me to also grow and change, *then WHY does it take so long* to overcome my sexual struggles?

1.

2.

SO WHERE ARE WE GOING?		
EGYPT	WILDERNESS	PROMISED LAND
• F_____R_____	P_____	R_____R_____
• S_____	T_____	F_____
• D_____	T_____	S_____

RESOURCES

BOOKS

There are many excellent Christian, clinical & life-experience books and videos on overcoming homosexuality, sexual abuse, sexual addiction and related issues. To obtain a free catalog detailing each title and with international ordering information, contact:

REGENERATION BOOKS

PO Box 9830 Baltimore, MD 21284-9830 USA

Tel: 1-410-661-0284 Fax: 1-410-882-6312

Email: regenbalto@juno.com

- Regeneration Books distributes Sinclair Rogers' popular booklet: *'Questions I'm Asked Most About Homosexuality'*, plus his video products.

VIDEO SERIES

Sinclair Rogers' 12-hour, 6-video series & companion workbook entitled *"LIVING & LOVING AT RISK: Understanding Sexual & Relational Problems"* is available for \$150.00 U.S. dollars. Sinclair's testimony *"Beyond Brokenness"* is also available on video as well, for \$20.00. These products feature excellent production and content, and are appropriate for pastoral training, group or individual study. For more details or ordering information contact:

TOUCH RESOURCES(Asia/Pacific)

8 Kaki Bukit Rd. 2, #02-07 Ruby Warehouse Singapore 417841

Tel: 65-377-3286 or Fax: 65-377-3285 Email: touchres@pacific.net.sg

MINISTRIES

For information about Exodus and its world-wide network contacts, seminars & resources, please visit the EXODUS Website : www.exodusnorthamerica.org or contact the following:

- EXODUS International at Tel: 1-905-686-7363 or Fax: 1-905-686-1716
PO Box 21039, Ajax ON L1S 7H2 Canada
- EXODUS North America at Tel: 1-206-784-7799 or Fax: 1-206-784-7872
PO Box 77652, Seattle, WA 98177 USA
- EXODUS Europe at Tel: 44-181-314-5735 or Fax: 44-181-314-5736
PO Box 592 London, UK SE4 1EF

In Australia contact

- EXODUS South Pacific
03-9699-2254 (tel) or (fax)9696-02224 or 07-3371-4705(tel/fax)

For Clinical Information regarding overcoming homosexuality, contact the National Association for Research and Therapy of Homosexuality (NARTH) at:

- 16633 Ventura Blvd/Suite 1340, Encino, CA 91436 USA or www.narth.com

- **SEXAHOLICS ANONYMOUS**(South Pacific Headquarters) Website: www.sa.org

Non-Christian 12 step support group for obtaining & maintaining sexual sobriety/self control

S.A. SYDNEY, POBox 778, Fairfield NSW 2165 Australia

Tel: 612-8250-0180 or in Melbourne Tel: 6139-506-6719 email: australia@sa.org

RECOMMENDED READING...

For your convenience, I've listed a few of the many excellent clinical & Christian books available which address homosexuality, sexual abuse, sexual addiction & related concerns for the individual, family & care giver. For a FREE CATALOG detailing these titles contact: Regeneration Books
PO Box 9830 Baltimore, MD 21284-9830 USA or fax: 1-410-882-6312
or email Regeneration at: regenbalto@juno.com

Regarding Homosexuality:

- ***Desires in Conflict*** by Joe Dallas/Harvest House
- ***Coming Out of Homosexuality*** by Davies & Rentzel
- ***Pursuing Sexual Wholeness*** by Andrew Comiskey
- ***The Broken Image*** by Leanne Payne/Crossway Books

Clinical Perspectives & Apologetics

- ***Homosexuality & the Politics of Truth***
by Dr. Jeffrey Satinover/Baker Books
- ***Healing Homosexuality: Case Stories***
by Joseph Nicolosi/Jason Aronson
- ***Origins & Treatment of Homosexuality:
A Psychoanalytic Reinterpretation***
by Dr. Gerard van den Ardweg/ Praeger
- ***Counselling & Homosexuality*** by Dr. Earl Wilson

Family Concerns

- ***Someone I Love Is Gay*** by Worthen & Davies/IVP
- ***Where Does A Mother Go to Resign?***
By Barbara Johnson/Bethany House
- ***From Pieces to Peace*** by Helen Crossland
- ***Through Deep Waters*** by Kathy Gallagher

Theological Concerns & Apologetics

- ***A Strong Delusion: Confronting the Gay Christian Movement***
by Joe Dallas/Harvest House
- ***Sex: Should We Change the Rules?***
By Bishop John Howe/Creation House

Sexual Abuse Recovery

- ***The Wounded Heart: Hope for Adult Victims of Sexual Abuse***
by Dr. Dan Allendar
- ***A Door of Hope*** by Jan Frank/Here's Life
- ***When Victims Marry*** by Jan & Don Frank

Sexual Addiction Concerns

- ***False Intimacy*** by Dr. Harry Schaumburg/NavPress
- ***Sexaholics Anonymous 'White Book'*** contact by email: australia@sa.org

Useful Websites

For Christian resources
online visit the Exodus
website:

www.exodusnorthamerica.org

For Teens with Same-Sex
issues:

www.freetobeme.com

For clinical resources online
visit www.narth.com

For non-Christian 12 step
sexual recovery program
information, visit the
Sexaholics Anonymous
website:

www.sa.org

For parents & families,
contact the Eagle's Wings
Website:

www.ewm.org

Visit CyberSy at his Cybersite:

www.syrogers.org.nz

or write Sy @YFCNZ POBox 1641
ParaParaUmu Beach NZ

**For specific Christian counselling services and resources
within New Zealand, please contact the following:**

- **EXODUS Auckland**

PO Box 55152, Mission Bay, Auckland Tel: 649-521-9834 or Fax: 649-521-9821
For information, resources and referrals specifically addressing homosexuality.

- **LIVING WATERS**

PO Box 101-965 North Shore Mail Centre Auckland
Tel: 649-480-4530 or Fax: 649-480-4543 living.waters@xtra.co.nz
For information about their national network of Living Waters sexual redemption recovery programs, and for referrals to counselors.

- **CROSSROADS Life Development Foundation(counselling centre)**

David Moore, Director PO Box 58075 Greenmount, Auckland
Tel/Fax: 649-527-1777 Crisis Line: 025-819-996
Crossroads offers various counselling services and support groups, including for sexually related concerns and Marriage & Family Therapy. Referrals to other services in other communities.

- **Cynthia Orme, Psychotherapist**

PO Box 26-533 Epsom, Auckland 1003 Tel: 649-623-1400 Fax: 649-623-1140
Marriage & Family Therapy and Compulsive Patterns/Gambling Addiction

- **HARBOUR CITY COUNSELLING SERVICES**

6 Elizabeth Street, Mt Victoria, Wellington 644-385-2847

- **TE NIKAU TRAINING CENTRE** (Christian residential centre addressing addictions providing counselling on the Kapiti Coast) 69 Valley Road, Paraparaumu.
Contact Claire Lepper at Tel/Fax: 644-298-7696

- **Lynne Polglase at SEAVIEW ROAD COUNSELLING SERVICES** (Kapiti)

PO Box 1487 Paraparaumu Beach Tel: 644-298-8291

- **WELLSPRING** a counselling service of Christian Community Church in Palmerston North.
Contact Nigel or Bryn Stables at Box 75, Ashhurst or Tel: 646-326-8018 Fax: 646-326-8026

- **TE AROHA NOA FAMILY SERVICES** (counselling & child counselling)

12-14 Brentwood Ave, Palmerston North Tel: 646-358-2255 or Fax: 646-358-5399

- **SUPPORT GROUP: Someone I Love Is Gay** (South Island)

C/o Spreydon Baptist Church Christchurch 8002 Tel: 643-338-4163

- **SUPPORT GROUP: Male Survivors of Sexual Abuse** (South Island)

Note: This is a NON-CHRISTIAN group. PO Box 22-372 Christchurch Tel: 643-377-6747

Note: my mentioning of these contacts is not necessarily an endorsement of such or their services provided. Please use wisdom and discretion when seeking counselling assistance.

Proverbs: 27:7
 (effective relationship: his make you feel loved & loved he stops you from starving)

83% - monogamous
 4% homosexual - monogamous

LIVING & LOVING AT RISK: Understanding Sexual & Relational Problems Sy Rogers, Instructor

PART ONE: Sexual Sin in Church and Community Five Categories

1. The Common Concerns
~~Unedemphatic Attitudes~~
 Adultery!
2. Pre-marital Sex..... Palting + Pashing
 Same Sex Attractions
 • Situational e.g. Boarding School
 Prisons
 • obligatory
 lack of attachment to same-sex parent.
 • Neurotic regressive.
 emotional/pattern that repeats
 damage regressive teenage
 behaviour.
3. emotional dependency
 over dependency
 on one other
 human term
 perceived
 to be the
 source of
 value + security
 spouse to (idolize)
 spouse.
 5. Jeremiah 17:4-9
 parent → child
 equal relationship
 client → parent
- 4.

Two Complaints Against Pastoral Workers:

- Unedemphatic Attitudes.
- Ineffective Ministry

Depressed & Demoralized

- Know Your Limits
- Know Your Community Resources
- Offer Realistic Expectations
- Guard your own Integrity...

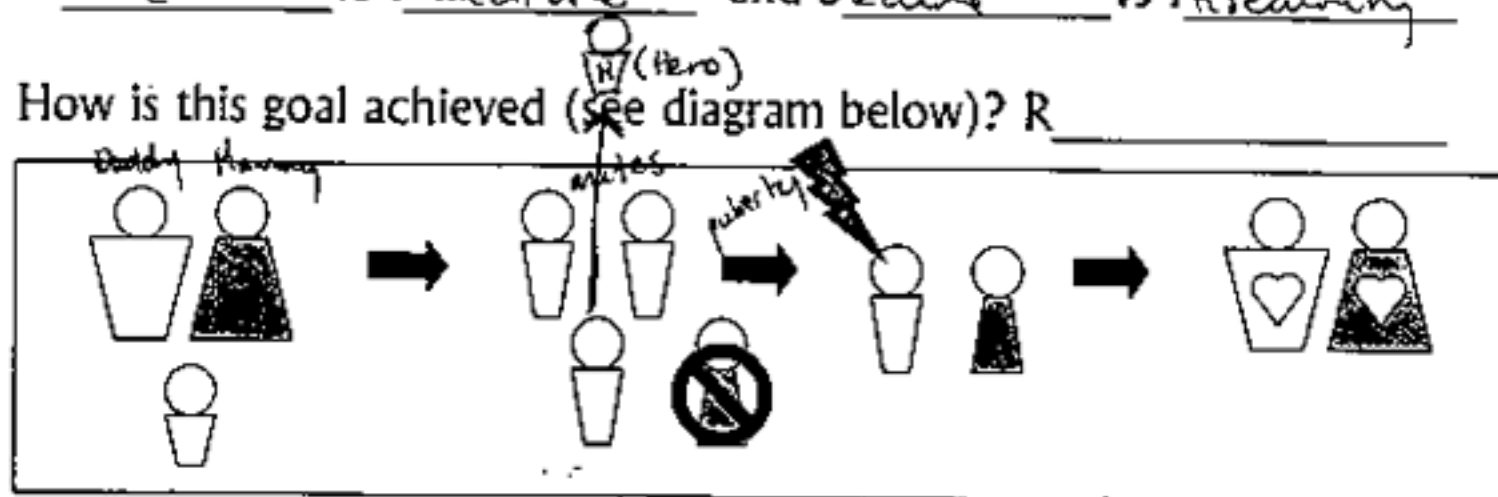
PART TWO: Understanding How We Develop

SEED → SAPLING → TREE.... Outcome depends on 2 Key Ingredients: ^{Nourishment} Protection over time.

Potential pre-tree Realised

- What IS God's "Identity Intent" for us? Healthy Heterosexual
- What makes a person "Relationally Healthy"? - it is not defined sexually.
Matire vs Immature and Secure vs Insecurity

- How is this goal achieved (see diagram below)? R



Stage 1
Security +
Identification

with own
 gender -
 (between the
 ages of 4-14 yrs)

Stage 2
Reinforcement

'Homo' emotional
 with males

Stage 3
Aware + Attracted
Appreciate + Anxiety
 the difference

Stage 4
Solidify
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"arrested emotional development"

Psalm 68 - emotionally starved

Adult victims of childhood sexual abuse.
 Frequently hindered by:
 • Shame + sense of inferiority - difficult to figure
 self + perfectionism P.T.O.

3

- ③ Not guilty - guilt is not a feeling
 guilty is a legal condition
 When you feel bad - it is shame you feel.
 - the only remedy is God's mercy → peace
- fear + mistrust of Power Persons including God
 heightened need for control/safety.

"Saved Romance"
 by Blodgett + Curtis

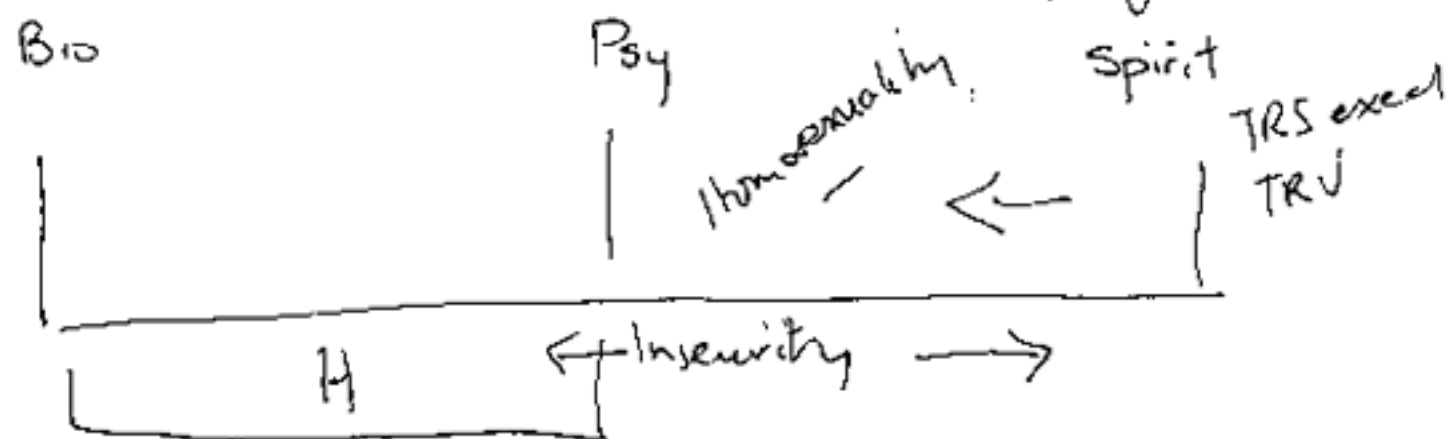
It is good, we are safe but it doesn't
 match our ideas/thoughts/expectations

- Repliment a wrong associations sex is dirty, men are dangerous, boundary problems.

- ④ Sexual Compulsives + addicts
 Uses sex as a pain 'numbing/comforting' mood changing drug.

⑤ Gender Insecurity

Occurs a spectrum, from insecurity in gender role, to the more extreme of gender Identity Confusion/Rejection.



"Unruh" Isaiah 56
 Acts 8

Deuteronomy 22
 "Crossing dressing"

C-stories weave all either leading people to God, or away from God.

Biology

Genetics

- 1
- men - XXY extra X gene
"Klinefelter" - unable father children
- need hormone substitutes
- women XO Turner's Syndrome - sterile

Hormones

* Androgens in 1st trimester when fetus is differentiated.

Brain wiring

your choices & life experience shape brain wiring.

Psyche / Psychology

(Learned Acquired Behaviour) The Setting

- family of origin
- peer groups
- Society / Culture

Personality Temperament

this is where the H.S. needs to bring revelation

Perceptions Reactions

our reactions + perceptions cripple our lives

Specific Events

- starved for love
- being damaged thru abuse
- experimentation

• 90% of S's clients

80% sex. abuse before 12
40% physical abuse
70% labels with nasty names



Spirit

Fallen

Satan

- temptation - Satan's way to get you to meet your needs the wrong way.
- deceive you
- infect (demonic)

Proverbs 28 - if cover up your sins you will prosper for a while, but

Compromised cover

- generational sin (doesn't have to be a demon, can be role modeling)
- soul ties

2

3

People do stuff for a reason.

Maturity

vs

Immaturity

* Self-controlled in spite of feelings.

vs

driven by impulses + urges + appetites

* aware of consequences of choices

vs

gives no thought to consequences.

* take responsibility for actions vs

blameshifts + expects others to be responsible.

* Is able to live beyond themselves to serve others

vs.

self centeredness which uses others for self advantage.

* Security

vs

Insecurity

* at rest and at peace

vs.

being driven and anxious

* accepting of self and confident of one's value to God

vs.

striving to get acclaim, and 'prove' one's value.

* Reasonably content with one's lot

constantly comparing, envying, coveting.

* Able to bless and affirm and serve

being jealous, controlling, manipulative and demanding of others.

This is what it means to be relationally mature and secure, and being propelled towards God's intent for us -

REDEMPTIVE PRINCIPLES

Biology

Repentance - is ^{not} just turning, its Psychological

who you are facing - GOD Spirit

Accept my gender as a blessing

Forgive + release them from debt
Math 18:34/35
(Tell the truth "I hate them they hurt me")

Accept limitations
BUT
depend on god (power relationship)
cf. diabetes analogy / insulin
cf. never produce my own righteousness

Accept responsibility to steward my body.

(See God as my advocate)

I need
Receive forgiveness + mercy.

- Deal with the Devil in 2 ways
- ① Obey God under pressure.
- Jesus in Gethsemane.
- Stand on the word means do what God asks. (everybody benefits if we do)
 - ② don't give the devil a foothold.
ie. if you aren't under pressure
"true for body true for your soul!"
eg. having a shower analogy.
"submit your dirt to God Daily"

Wounds need to be treated

Eccl. 8:6

Ex. 23:29-30

Needs satisfied in healthy ways

New chemical produced = GABA =
Gamma Amino Butyric Acid

Accept responsibility to
re program my reactions
by
Renewing your mind -

ACh = Acetylcholine - helps cell to cell communication → makes chemical pathways
Tell the truth "I am lovely" - sows a new chemical pathway.

Get under Cover - you submit!
- Spiritual Authority
- Baptism
- analogy of God smelting
- forcing to the surface the impurities the challenge his hardness
I love this - but I choose the Lord. I have to harden more.